



Please find below a list of ESSENTIAL equipment for the development of all Barracudas swimmers.



The Finis Swimmers Snorkel is designed for comfort and precision. Not only will your little swimmer improve dramatically with the swim-snorkel, they will be able to get a better feel for the water not having to lift their head every time they breathe. Created to help swimmers with their drills and core-strength, the swim-snorkel makes swimming freestyle much easier and is a MUST HAVE for improving swim technique.

**For Intermediate Swimmers and up only!**

The Hydro Tech 2 Swim Fins are also an extremely valuable piece of equipment to all swimmers. The sleek design was originally designed for body-boarders in Australia, however, it took only months before the Australian swim program picked up on the greatness of these fins. These special fins use the proper muscles of the leg when kicked and help strengthen the swimmers kick for freestyle, butterfly and backstroke. When swimming with these fins, your little swimmer can learn proper body-position and become a faster swimmer.



## How to Order!

Go to [www.team-aquatics.com](http://www.team-aquatics.com) and log-in with the following:

Username:

Bbybarracudas

Password:

superswimmers

When ordering please indicate that you would like to pick up at the North Vancouver location.

Ordering online is easy and saves you money! Not only do you save 20% on all purchases, 5% of every purchase is returned to the Burnaby Barracudas swim club.