2018 PROVINCIALS
SIMON FRASER REGION VOLUNTEER SHIFTS
SECURITY

DAY-SECURITY	SESSION	Name	DAY-TIMING	LANE 3		Name	DAY-PARKING	TIME	STREET/AVE	NAME
FRI PRELIMS	745 am up to Div 2 Boys 50 Free		FRI	PRELIMS-JUNIOR POOL	IM and up to Div 2 Boys 50 Free		THURSDAY	2 pm to 4 pm	Lincoln Street	
	Div 3 Girls 50 Free to end of Relays			PRELIMS-SENIOR POOL	Div 7 Girls 50 Free to end of Relays			6 pm to 8 pm	Lincoln Street	
	15 minutes before start of Finals up to Div 4 Boys 50 Free									
	Div 5 Girls 50 Free to end of Relays		SAT	**LANE 6**			FRIDAY	6 am to 8 am	105 Ave	
				PRELIMS-JUNIOR	Fly and up to Div 2 Boys Backstroke					
SAT PRELIMS	7:45 am up to Div 2 Boys Backstroke			PRELIMS-SENIOR	Fly and up to Div 6 Boys Backstroke		SUNDAY	6 am to 8 am	105 Ave	
	Div 3 Girls Backstroke to end of Relays			PRELIMS-SENIOR	Girls Div 7 Backstroke to end of Relays			2 pm to 4 pm	Lincoln Street	
				LANE 5				6 pm to 8 pm	Lincoln Street	
SAT FINALS	15 Minutes before Finals Start up to Div 4 Boys Backstroke			FINALS	Div 5 Girls Backstroke to end of Relays					
	Div 5 Girls Backstroke to end of Relays									
			SUN	**LANE 2**						
SUN PRELIMS	7:45 am up to Boys Div 3 Breaststroke			PRELIMS-JUNIOR	50 fly and up to Boys Div 3 Breaststroke					
	Girls Div 4 Breaststroke to end 100 Free			PRELIMS-SENIOR	Girls Div 8 Breaststroke to end of 100 Free					
SUN FINALS	15 Minutes Before Start of Finals to Div 4 Boys 100 Free									
	Girls Div 5 100 Free to end of Regional Relays									